

Regrettably our Board Chair and Executive Director are not able to be here this morning, but they have asked us to share a few words on their behalf.

Mr. Goldring, it is PMFRC's ongoing mission to support our military families; the funding that we receive from Canada Company goes a long way in championing that cause.

Military families face many unique challenges. Every couple of years brings about the requirement to move and integrate into a new community, re-enter the workforce one more time, settle children into new schools, deal with the challenge of finding a new doctor or specialist, and of course having to deal with reoccurring absences due to training or deployment, this only names a few.

Military families are some of the most deserving people, and with Canada Company's gracious donations the PMFRC has been able to provide enhanced programs and services to support these families.

Over the past 8 years and including today's donation, PMFRC will have received up to \$160,000 from Canada Company alone!

As a small token of our appreciation, we would like to present Mr. Goldring with this frame; it depicts some of the key elements of how Canada Company's funds have been spent over the years:

- Funding a retreat to support spouses dealing with PTSD;
- Celebrating our deployed spouses, providing funds which supported a special Latvia cultural day. Families had the opportunity to learn more about the Latvian culture which is where the CAF members had been deployed.
- Funding a retreat for our special needs families. Simultaneous events for parents and their children. The parents were provided educational resources and highlighting the importance of self-care, while the children celebrated themselves with music, activities and singing.
- Funding enhanced employment supports and resources to spouses and youth seeking jobs.
- Funding the cost of extended child care after normal hours when a CAF member was away from home.

These are just some of the highlights. Whether through eyes of the military spouse or behind the grin and giggle of a little child, there are many wonderful stories of how these funds have impacted families.

The generosity of Canada Company has touched many lives, and these stories happen because of the individuals or businesses that cared. So on behalf of the PMFRC staff, Board of Directors and most importantly, the families. Thank you; you have helped us make a difference!